

COMO PRIMARY SCHOOL CANTEEN MENU – 2023

OPEN WEDNESDAY, THURSDAY AND FRIDAY FROM 8.30AM-2.00PM

ORDERS MUST BE PLACED BY 8.15AM ON DAY OF ORDER VIA THE **SPRIGGY SCHOOLS APP**

Recess (Wednesday / Friday)

<u>Toasties</u>	
Ham and Cheese	\$3.50
Cheese	\$3.00
<u>Recess- Savory</u>	
Cheesie Bun	\$1.60
Chicken Drumstick (Plain/Honey Soy)	\$1.80
Hash Brown	\$1.00
Mini Sushi Bowl (Chicken/Tuna)	\$1.60
<u>Recess – Sweet</u>	
Fruit	\$1.50
Pikelet	\$0.60
Chocolate Brownie Muffin	\$1.60
Anzac Biscuit/Milo Biscuit	\$0.80

Recess (Thursday)

<u>Toasties</u>	
Ham and Cheese	\$3.50
Cheese	\$3.00
<u>Recess- Savory</u>	
Cheesie Bun	\$1.60
Chicken Drumstick (Plain/Honey Soy)	\$1.80
Oven Baked Potato Chips	\$2.00
Mini Sushi Bowl (Chicken/Tuna)	\$1.60
Ham and Cheese Croissant	\$4.00
<u>Recess – Sweet</u>	
Fruit	\$1.50
Waffles (Plain / Chocolate)	\$2.10
Waffles with Berry Sauce	\$2.50
Muffin of the Day	\$1.80
Anzac Biscuit/Milo Biscuit	\$0.80

SPECIALS

Visit our Facebook page to see our weekly specials! Depending on seasonal produce and availability examples include:

Cinnamon Scrolls	\$2.00
Gyozas	80c ea
Apple Crumble Cups	\$1.50
Banana Bread	\$1.50
Chocolate Weet-bix Slice	\$1.50
Quesadillas	\$5.00
Beef Burger	\$5.50
Chicken Schnitzel Salad Wrap	\$5.00
Chicken/Vegetable Noodle Stir-Fry	\$5.00
Fried Rice	\$5.00
Macaroni Cheese	\$5.00



Lunch (Wednesday / Thursday / Friday)

<u>Fresh Sandwiches</u>	
Ham and Salad	\$4.60
Vegemite	\$2.50
Cheese and Salad	\$3.80
Chicken and Salad	\$4.50
Add Mayo/Wrap/Cheese	50c ea
<u>Toasties</u>	
Ham and Cheese	\$3.50
Chicken and Cheese	\$3.50
Vegemite and Cheese	\$3.00
Cheese	\$3.00
Add Tomato or Pineapple	50c ea
<u>Wraps</u>	
Ham, Lettuce and Cheese	\$4.50
Seasoned Chicken, Lettuce and Cheese	\$4.70
<u>Sushi</u>	
Teriyaki Chicken Sushi Bowl	\$5.00
Tuna Sushi Bowl	\$5.00
Vegetarian Sushi Bowl	\$5.00
Avocado Sushi (4 piece pack)	\$7.00
Californian Sushi (4 piece pack)	\$7.00
Salmon Sushi (4 piece pack)	\$7.00
Teriyaki Chicken Sushi (4 piece pack)	\$7.00
Tuna Sushi (4 piece pack)	\$7.00
Vegetarian Sushi (4 piece pack)	\$7.00
<u>Hot Lunches</u>	
Hot Dog	\$4.50
Mrs Mac's Beef Pie	\$5.00

Lunch (Wednesday/Friday only)

<u>Hot Lunches</u>	
Bolognaise Sauce and Pasta	\$5.50
Pasta Napoletana	\$4.00
Butter Chicken and Rice	\$5.50
Homemade Beef Sausage Roll	\$4.50
Homemade Spinach and Ricotta Sausage Roll	\$4.00
<u>Lunchbox</u>	
Pikelet, Popcorn, Mini-muffin, Fruit with either ½ Toastie/Pig-in-Blanket/Mini Sausage Roll \$4.50/\$5.00	

Lunch (Thursday only)

<u>Hot Lunches</u>	
Margherita Pizza Slice	\$4.00
Ham and Cheese Pizza Slice	\$4.50
Beef Nacho's	\$5.50
Beef Taco Wrap	\$5.00



Drinks

Milo	\$1.60
Cup of Milk	\$1.00
Boxed Fruit Juice	\$2.50
Sparkling Apple and Blackcurrant	\$1.60

Treats (Wednesday/Friday After 12.30PM)

Homemade Icpole (various flavours)	50c ea
Bulla Frozen Yoghurt Stick	\$1.00
Paddle Pop	\$2.00



Extras

Sauce (Tomato, Barbeque, Soy)	20c ea
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Birthday Specials

Birthday Cupcakes	\$2.00 ea
Birthday Icpoles	50c ea

Does your child have a birthday coming up?

We can make birthday cupcakes or icpoles for their class. Please give us one week notice via

como.cookout@gmail.com, and we can make and deliver them to the class for you.

Como Primary School Canteen supports the WA School Canteen Association. The canteen adheres to the Health Departments' WA Healthy Food & Drink Policy, and the 'Traffic Light' rating system. Green food is plentiful; Amber food is limited; and Red food is not sold. The canteen is successfully packaging foods in environmentally sustainable containers and reusables where possible.

Sandwiches, toasties, wraps, and sushi bowls are made fresh to order in the canteen.

Our bread for sandwiches and toasties is wholemeal and our hotdog rolls and pizza bases are purchased locally from EFES bakery.

Homemade sausage rolls, bolognaise sauce and butter chicken sauce are all cooked in our canteen.

Sushi rolls are delivered fresh from our external supplier.

Our muffins, pikelets and waffles are made with wholemeal flour and baked fresh daily.

ONLINE ORDERING with



CREATING YOUR ACCOUNT

- * Download the app
- * Register your details
- * Create a profile for each child
- * Go to Settings, parent wallet and add funds

PLACING YOUR FIRST ORDER

- * View the canteen menu on the home screen
- * Browse the menu and tap "Add to Cart" on any item
- * Go to cart and tap "Place Order" to confirm
- * You can edit or cancel your order before the cut-off time

The canteen window opens at recess and lunch time. Food on offer at the window is limited and is CASH ONLY.

VOLUNTEERING

Our canteen relies heavily on the continued support of our school community. We love making healthy homemade food, and need volunteer help to make this happen, just a few hours a term makes a huge difference. Contact the canteen at como.cookout@gmail.com to enquire about assisting or refer to the school newsletter for signing up online.



We invite you to join the "Como Cookout" Facebook page to view our daily specials and updates on the latest canteen news!



All meals are made fresh to order by your friendly canteen staff, Magda, Vicki, Kelly and Helen and our wonderful volunteers.